



The Jesus Diet

John 4:31-42



Jesus in Samaria

- We all LOVE to hear about diets...
- Jesus is waiting for His Disciples...
- Talks with a “racy woman” at the well...
- “If you knew the gift ... and who it is...”
- The “Living Water” is key to ALL our lives...
- The “lady” goes home & the town comes out!
- And the Disciples are worried about:
 - Jesus having a meal... yes, he needed one...
 - And then comes the teaching for the day...



Who brought Jesus food?

- Rabbi eat...
- I have food to eat you don't know (*oida*) about
 - Eating is such a BIG part of our lives...
 - Talking about your next meal...
- Dramatic present comes in again... My Food:
 - To DO THE WILL OF THE ONE WHO SENT ME
 - TO ACCOMPLISH (*teleioo*) HIS WORK (17:4)
- What is the WORK OF GOD for us?
 - Are we passionate and “hungering” for it?
 - What consumes our time...???



Speaking of Food...

- 4 months to the Harvest?
 - Our eyes are not always good at seeing things...
 - LOOK ON THE FIELDS... white with harvest!
 - Samaritans!!!???
- Reaping and sowing...
 - Those doing the work are being PAID already!
 - Fruit for eternal life (vs.36)
 - Reaping where others have labored
 - It is NOT ABOUT US!!! Its about the HARVEST!
- HS does the main work, do we do ours?



Why we believe...

- Many believe because of the woman's *logos*
 - Our testimony of what Jesus has told us
 - This is powerful, especially when we CHANGE!
 - In just one encounter, the woman had gained truth
- The Samaritans ask/beg (*erotao*) him to stay
 - What a difference from the initial response!
 - 2 days in Sychar... only John relates this time...
 - Many are believing... better than anywhere else!
- Based on what?
 - Not just your story, we have heard and know



Savior of the World

- God so loved the WORLD...
- The Samaritans are glad to be included.
- No more side stepping, politics, they worshiped!
 - In Spirit and in Truth
 - The Person of Messiah
- What is your “FOOD”? Your “PASSION”?
- This comes from the relationship with/in HIM
- “Lift up your eyes...”